

# THE SCAMPER

A FUN DAY FOR OUR YOUNGEST "ATHLETES"

Hosted by  
**CENTRAL WEST, MID WEST & SOUTH WEST  
METROPOLITAN ZONES**

WHERE: Dwyer Oval, Williamson Crescent, Warwick Farm

WHEN: Saturday 11 November 2017  
4.00pm-7.00pm



**NO ENTRY FEE**

Entries close: by 4.00pm on the day of The Scamper

Age groups: Tiny Tots, U6, U7 boys and girls

(All athletes **MUST** be registered members of LANSW)

Program of events: Up to 4 events may be entered (entry form available from Centre so it can be completed before arrival)

Enquiries: Tracey Liondas 0450 675028 or Trevor Hinwood 0477 009099

**Tiny Tots:** A variety of play training activities, 50m, 100m, tug of war, obstacle race  
**U6:** 70m, 100m, 300m pack start, long jump, discus, tug of war, obstacle race  
**U7:** 70m, 100m, 200m, pack start, long jump, discus, tug of war, obstacle race

Participation ribbons will be awarded to all participants.

Registration commences at	3.00pm	Officials register at	3.30pm
First call	3.45pm	Timed to commence at	4.00pm



Throw! Jump! Run! A great afternoon of FUN!  
COME ALONG AND JOIN IN!