2020/2021 REGION 7 LITTLES STATE QUALIFYING MEET SATURDAY 6 & SUNDAY 7 FEBRUARY 2021



Campbelltown Sports Stadium

Pembroke Road, Leumeah INFORMATION FOR CENTRES/COMPETITORS

Starting times: Saturday & Sunday first call 8.10am for an 8.30am start

Due to Covid-19 requirements all spectators and athletes MUST enter the ground from the rear entrance near the Tennis Club on the western side of the stadium. Gates open at 7.00am. Everyone is to scan in using the NSW Government QR Code. All athletes and spectators are to be listed. All persons are encouraged to download the Service NSW App prior to the carnival.

There will be NO entry for spectators and athletes at Pembroke Road (officials only).

Events: This year's program is a fully timed program with "not before times for each event". Each event will be given 2 PA calls. Please allow 20 mins in front of the listed time for 1st calls.

Certificates: All athletes will be awarded with a Performance Certificate for this Meet.

Parent/Centre Helpers: We will be calling for parents to assist at field events. Parent's wishing to assist at their child's event should accompany them to the call room and thence to the actual field event.

Parents assisting at field events are required to wear closed in shoes.

Centre Uniform: <u>All competitors MUST compete in their registered centre uniform.</u> If the clothing has a logo, it must be no more than 5cm in height, have lettering no more than 4cm in height and not exceed a total of 30cm sq (ie. 5cmx6cm, 3cmx10cm etc), unless the logo is a centre logo or a centre sponsor logo approved by LANSW. Competition singlets/t-shirts must not cover any compulsory numbers. <u>No part of the uniform shall extend beyond the top of the knee for athletes competing in the walks.</u> Athletes may wear a plain "T" shirt under their competition uniform.

McDonald's registration number **with the gold border showing** is to be firmly affixed to the front of the uniform top.

Age patches are to be worn on the front left hand side of the uniform.

The Coles sponsors patch must be worn on the **top right hand side** of the uniform top. Athletes presenting to Call Room/events **NOT** in **correct uniform will be sent away to have it fixed**, event will not be held up.

Team managers should bring spare registration numbers, age patches, COLES sponsor patches and safety pins to Meet.

Athletes may take additional clothing out to field events for sun protection or to keep warm/dry between trials (eg. hats, t-shirts, jackets etc) and water bottles.

Footwear: Footwear is compulsory for **ALL** competitors in all events. Spike shoes **MUST NOT** be worn in any U9 and U10 events. Competitors in the U11 age groups may wear spikes in events run entirely in lanes, javelin, long jump, triple jump and high jump.

Competitors in the U12 age group may wear spike shoes in all track events (except walks), javelin, long jump, triple jump and high jump.

Spike shoes must only be worn during the event and **are not** to be worn to and from the event.

Spike length: Synthetic track 7mm maximum High/Long/Triple/Javelin 9mm maximum

Blocks will be provided by Campbelltown Collegians LAC and <u>are compulsory to use if wearing spikes.</u> Athletes <u>MUST</u> know how to use and set up their own blocks. The use of personal blocks is <u>NOT</u> permitted. State Championships at Homebush <u>blocks are compulsory</u>.

Spectator parking: There is NO parking at Campbelltown Athletics Centre. Parking is available off Airds Road please see attached map for parking areas.

Strictly NO PARKING at Wests Leagues Club

Call Room: All track and field events will be marshalled at the northern end of the ground. All athletes **MUST** go through the call room for all events with the exception of **the first call of field events each day** where they will go straight to the event and have their uniform checked at field event.

Clash of events: There will be a clash manager who will manage the clash of events. If an athlete is at a track event and they are called to a field event, as soon as they have completed their track event they MUST report to call room. If an athlete is at a field event and they are called to a track event they MUST remain at their field event and the clash manager will pick them up. Please ensure you take your track shoes to field event if a clash is likely to occur.

Program: The list of events can be found on the LANSW website in the Competitions section (Region 7)

First Aid: will be located near the end of the finish line.

Information Officer: will be near the finish line for all enquiries.

Sun protection: Every effort will be made to provide shade, but parents are urged to provide hats, sunscreen, t-shirts and water for their children especially when going to field events.

Due to Covid-19 restrictions all athletes MUST bring their own water bottle, cups and water WILL NOT be provided.

Tents/Shade structures: Any Centre/person erecting a shade structure **MUST** ensure that it is well secured on all corners. In the interest of safety any shade structure that is not properly secured will need to be taken down, our safety officer will be checking all structures.

Safety: LANSW is committed to providing everyone with a safe environment. Please let the Information Officer know if you see something that you think is unsafe.

Spectators: are not permitted on the competition area.

Weather: In the case of very wet or hot weather the carnival management will continuously monitor the conditions in accordance with LANSW policies.

Bins/Rubbish: please ensure that you dispose of all rubbish in bins provided.

Smoking: is not permitted in any competition or spectator area.

Alcohol: LANSW has a zero tolerance on the consumption of alcohol during championships.

Athlete Behaviour: LANSW does not tolerate unacceptable or unsporting behaviour from athletes. This includes bullying or teasing of other athletes. Any serious or repetitive misbehaviour by an athlete may result in the offending athlete being disqualified from the competition.

Sport Rage: Sport Rage is any violence, foul language, harassment, abuse or bad behaviour by athletes, coaches, officials or spectators. Any type of sport rage will not be tolerated by LANSW and may result in offenders being issued with a formal warning. Repeated or serious breaches may result in the offender being asked to leave the venue. They may also be subject to further penalties, including a ban from future participation in the sport.

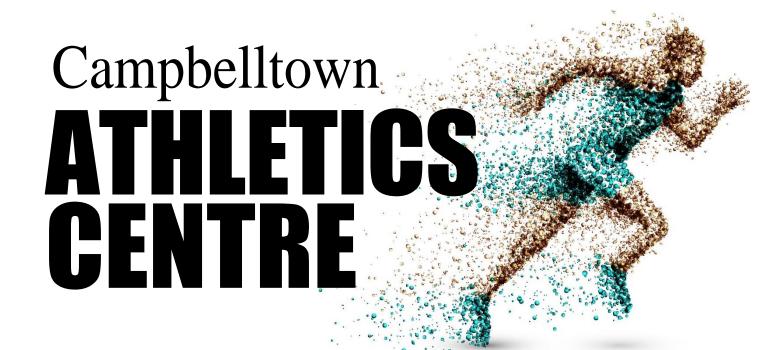
<u>Qualifying Times for State Championships - 1500m Walks:</u> Athletes who cannot complete their 1500m walk within these time limits, at this Meet, irrespective of placings (including auto qualifiers) will not be considered for progression to the State Track & Field Championships.

Qualifying time for the 1500m Walk U12 11:00 min

Qualifying Standard for High Jump: Athletes who cannot attain the state minimum starting height for the relevant age groups at this meet, irrespective of placings (including any auto qualifiers), will not be considered for progression to the State Track & Field Championships.

Long Jump for U11 and U12 athletes will be from a 2m take off board as this is a State requirement.

PLEASE REMEMBER TO SOCIAL DISTANCE AT ALL TIMES OVER THE WEEKEND AND <u>DO NOT</u> ATTEND IF YOUR CHILD OR A FAMILY MEMBER IS SICK! STAY HOME.



Parking Areas

Car parking for Campbelltown Athletics Centre and Campbelltown Football Stadium is available off Airds Road.

The Athletics Centre is an easy 400m walk via the new footbridge (Lift access is available) Strictly No Parking at Wests Leagues CLub



For more information, please contact the Stadia Coordinator on 4645 4358 or visit our website www.campbelltown.nsw.gov.au

