

## Liverpool City LAC Awards

Last update: 1 July 2015

**Liverpool City Little Athletics Awards:** The club conducts an annual Presentation Ceremony which it formally recognises the achievements of athletes. This includes presentation of:

1. Perpetual Presidents Shield Trophy
2. Perpetual Presidents Encouragement Trophy
3. Perpetual National Award
4. Trans Tasman Award
5. U6 Encouragement Perpetual Trophy Award
6. Best in Age Group Championship Awards (1st, 2nd, 3rd)
7. Encouragement Awards
8. Most Personal Bests in the Club
9. Training Award
10. Five Years Service
11. 10 Years Service
12. 100% Attendance
13. Recorder Breakers
14. State Relay Medallist
15. State Championships
- 16. Male and Female Athletes of the Year**
- 17. Perpetual Trophy Reynolds Junior Athlete of the Year U8-U12**
- 18. Other Trophies for Outstanding Achievement would include**
  - i. Outstanding Achievement in Sprints**
  - ii. LCLAC Outstanding Achievement in Jumps Trophy**
  - iii. Endurance Athlete of the Year**
  - iv. Outstanding Achievements in Throwing**

In addition the club awards state representative jackets, continuous membership jackets and improvement points awards throughout the little athletics season.

### **1. Perpetual Presidents Shield Trophy**

- 1.1** This is our most prestigious award for Liverpool LAC. Athletes are invited to nominate themselves for this award. This Award is for U15's.
- 1.2** This is based on achievements but also service to the club.
- 1.3** The athlete must be with the club for a minimum of five years. (not consecutive)
- 1.4** Must display consistent performances
- 1.5** Must show personal interest and involvement beyond the club level that could lead to achievements as an individual or part of a group.
- 1.6** The athlete must demonstrate good mannerism and qualities that serve as a good ambassador for the club
- 1.7 As part of receiving the Presidents shield the athlete will be offered the opportunity to represent the club as 'Vice Captain'**
- 1.8 In the event that no U17 is nominated for Captain they would become Captain.**
- 1.9** The committee is **not** bound to award this Shield every year
- 1.10** This is awarded to one athlete only
- 1.11** Conditions: minimum 70% attendance for the season
- 1.12** Nomination forms must be received by the last night of the season

## **2. Perpetual Presidents Encouragement Trophy**

- 2.1 This is awarded to any athlete in any age group.
- 2.2 They must display exemplary nature in all aspects of proceedings whether as an athlete or by attitude.
- 2.3 This award is chosen by the executive committee, but voted on by the whole committee.
- 2.4 Conditions: minimum 70% attendance for the season

## **3. Perpetual Trophy National Award**

- 3.1 This award is for an athlete that was selected by LANSW to compete in the NSW team.
- 3.2 Athletes nominated for this age group are only in the U13 age group.

## **4. Perpetual Trans Tasman Award**

- 4.1 This is only for athletes in the U11 & U12 age group
- 4.2 This award is for an athlete that was selected by LANSW to compete in the NSW team

## **5. U6 Encouragement Perpetual Trophy Award**

- 5.1 Presented to one boy and one girl
- 5.2 Recipients don't necessarily have to be the best athlete, rather those who have demonstrated "to do their best"
- 5.3 Also they must demonstrate good attitude, good manners and sportsmanship.
- 5.4 This is chosen by the Age Manager
- 5.5 Conditions: minimum 70% attendance for the season

## **6. Best in Age Group Championship Awards (1st, 2nd, 3<sup>rd</sup>)**

- 6.1 Each week Best in Age points are earned by participating athletes in each event based on their participation and results.
- 6.2 This is awarded to in both boys and girls
- 6.3 Points are given on placing overall, not individual race (heats)
- 6.4 All athletes who will get a point, regardless whether they get disqualified.
- 6.5 1<sup>st</sup> place receive 8pts, 2<sup>nd</sup> place receive 6pts, 3<sup>rd</sup> place receive 5pts, 4<sup>th</sup> place receive 4pts, 5<sup>th</sup> place receive 3 pts, 6<sup>th</sup> place receive 2 pts and 7<sup>th</sup> place receive 1pt.
- 6.6 Conditions: minimum 70% attendance for the season
- 6.7 For age groups U6- U17

## **7. Encouragement Awards**

**7.1** This award is for U7-U17 age groups

**7.2** This is awarded to someone who is most improved and most PB's who has not qualified for best in age group.

**7.3** Conditions: minimum 70% attendance for the season

**7.4** This awarded to both boys and girls

## **8. Most Personal Best in the Club**

**8.1** This is awarded to a boy and girl in any age group

**8.2** This is awarded to the athletes who receive the most Personal Best at the centre only (Friday nights) over the entire season.

**8.3** Conditions: minimum 70% attendance for the season

## **9. Training Award**

**9.1** This is awarded to 1 boy and 1 girl

**9.2** This is awarded to the athletes who have been to the most training sessions throughout the season.

## **10. Five Years Services**

**10.1** this is awarded to an athlete for 5 years service with the club

**10.2** This can include a season/s with Tiny Tots

**10.3** It doesn't need to be continuous

## **11. 10 Years Service**

**11.1** This is for 10 years with LCLAC

**11.2** They also receive a certificate from lansw

**11.3** This can include season/s with tiny tots

## **12. 100% Attendance**

**12.1** This will include if one night missed

**12.2** If an athlete has missed due to injury/illness and can provide a doctors Certificate the committee will honour attendance.

## **13. Record Breakers**

**13.1** This includes records broken at all sanctioned lansw championships events

**13.2** Conditions: minimum 70% attendance for the season

## **14. State Relay Medallist**

**14.1** all that medalled will receive an award

## **15. State Representatives**

**15.1** The club awards State Representative jackets to athletes who qualify and compete at the LAANSW State Track and Field Championships in individual events.

**15.2** Top 10 Placing at LAANSW Cross Country or State Multi Event Championships

**15.3** The athlete receives a jacket the first year they are eligible for this award and can opt to receive other "State Representative" embroidered items such as a rugby top, track pants, towel, bag or hat in subsequent years

**15.4** The athlete can also have their State Representative jacket embroidered with the subsequent years they have qualified for the LAANSW State Carnival if they desire

**16. Male and Female Athlete of the Year**

- 16.1 These awards are calculated from results in the following events:
- 16.2 State Track and Field Championships
- 16.3 State Multi-Event Championships
- 16.4 Where a recipient is not clear-cut, Zone and Regional Carnival results may be considered
- 16.5 Conditions: minimum 70% attendance for the season
- 16.6 attendance at Zone, Region, State, State Multi and ANSW (Dual Registered Athletes with SDAC) competitions are counted as attendance in lieu of normal club attendance

**17. Reynolds Perpetual Junior Athlete of the Year**

- 17.1 This will only be awarded to 1 person
- 17.2 Conditions : minimum 70% attendance for the season
- 17.3 Must have competed at Zone and Regional Championships
- 17.4 If it is close, other factors such as participation at other lansw events will be looked at as well.

**18. Outstanding athlete in Sprints**

- 18.1 Any athlete from U6-U17
- 18.2 Conditions : minimum 70% attendance for the season

**19. Outstanding Achievement in Jumps**

- 19.1 Any athlete from U6-U17
- 19.2 Conditions : minimum 70% attendance for the season

**20. Endurance Athlete of the year**

- 20.1 Any athlete from U10-U17
- 20.2 Conditions : minimum 70% attendance for the season

**21. Outstanding Achievements in throwing**

- 21.1 Any athlete from U6-U17
- 21.2 Conditions : minimum 70% attendance for the season